



Because
Experience
Counts

Workplace Wellbeing: Engaging, Equipping and Empowering Employees

24 April 2024, virtual conference via ZOOM

Start Time	End Time	Session Title	Speaker (s)
10:00am	10:15am	Welcome and keynote speech	Stephen Haynes , British Safety Council Dr Shaun Davis , Belron International
10:15am	11:00am	Panel discussion: Understanding the real needs of workforces <i>How engaging is our approach to wellbeing?</i>	Claire Burgess , Unipart Logistics Neil Pinnell , Unipart Logistics Dr Shaun Davis , Belron International
11:00am	11:45am	Case study: Addressing Staff Health and Wellbeing Needs in an NHS organisation	Matthew Green , Royal Berkshire – NHS Foundation Trust
11:45am	12:30pm	Panel discussion: Empowering leaders and people managers	Pen Le Kelly , CPI Mortars Limited Kevin Hard , Ryder Marsh OCAID Amanda Owen MBE , Heathrow Airport
12:30pm	1:00pm	Lunch	
1:00pm	1:45pm	Panel discussion: Is our approach to wellbeing inclusive? <i>Neurodivergence in the workplace</i>	Khushboo Patel , Diversity & Inclusion Specialist Richard Talbot , Newport City Homes James Jackson , NHS South, Central and West Commissioning Support Unit
1:45pm	2:30pm	Presentation: How can employers reduce financial stress?	Peter Fenton , Marine and Industrial Transmissions Ltd
2:30pm	3:15pm	Presentation: Sleep/ fatigue impact on the workplace	Dr. David Lee , Sleep Unlimited
3:15pm	4:00pm	Presentation: Mental health in the workplace – where next?	Samantha Downie , Mates in Mind
4:00pm		Final thoughts and event close	Stephen Haynes , British Safety Council

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